

FRACTORA | FRACTORA *v*

Pre-Treatment Instructions

Arrive with Clean Skin.

No lotion, make-up, perfume, powder, ointment, deodorant, or bath/shower oil should be present on or near the area to be treated.

Shave the treatment area 2-4 days prior to the procedure. The hair should not be waxed or chemically removed.

Moisturize your skin in the morning and evening, and drink at least 8 glasses of water per day to completely hydrate your skin and optimize treatment results.

Recommendations

Discontinue topical retinoid therapy 3-4 days prior to treatment and any irritant topical agents for 2-3 days prior to treatment.

Avoid taking anticoagulants, such as aspirin, ibuprofen and, if medically permitted, prescribed anticoagulants for 10 days prior to treatment.

Avoid self-tanner, spray tanning and any prolonged direct exposure to the sun for 7-10 days prior to treatment. If you must be in the sun, use a zinc oxide sunscreen of at least SPF 30+.

If you have a history of Herpes Simplex or are undergoing a deeper peel, you may be provided a prescription for anti-viral medication prophylaxis 3-4 days prior to the procedure to avoid outbreak.

Post-Treatment Instructions

First 2-3 Days.

No make-up or moisturizer

Use water only or a gentle cleanser

Treat the skin gently, avoid scrubbing or trauma to the treated area.

Emollient cream such as Aquaphor or Vaseline will be applied to the treatment area after the procedure and you may continue to reapply as much and as often as needed.

2-3 Days Post Treatment

Resume use of regular soaps, but not scrub soaps or exfoliates.

Apply moisturizer and use a high-factor sunscreen SPF 30+ regularly throughout the course of the treatment.

Skin may crust and peel for 2 – 7 days depending on treatment settings.

Short-Term Side Effects

You may experience erythema (redness) or slight to moderate edema (swelling) for 1-3 days, however for more aggressive treatments this may last longer

A mild to moderate sunburn sensation are also common post treatment and may last 1-3 days.

Avoid prolonged sun exposure to reduce the chance of hyperpigmentation (darker pigmentation). Excessive tanning of any sort (sun exposure, tanning beds, and artificial tanning lotions) is not allowed in the treated areas during the entire course of the treatment.

Results

You may notice immediate improvement in your skin after a single treatment, however, multiple treatments over a period of several months may be required to achieve the desired response.

If you experience any indication of infection, excessive swelling, redness, pain, or any other unusual symptoms, contact our office at 214-702-6581 immediately.